

## Exclusion Guidelines for Sick Children and Adults Procedure

**Policy:** The program will develop and implement written procedures for exclusion of ill children and staff in order to protect the health of all children and staff. Parents, staff, and EHS-CCP will be informed of Head Start exclusion guidelines for ill children and adults.

*Performance Standards 1304.22(b)(2)*

### **Procedure:**

- In order to insure the safety and health of children and staff, children or adults who have any of the following conditions will be excluded from the classroom until either the condition subsides, or we received communication from the individual's medical provider stating that they are no longer contagious.
  - An oral temperature over 100.4
  - A painful red throat, even if no fever is present.
  - An earache
  - A deep, hacking, croupy cough
  - Severe congestion
  - Difficulty breathing or untreated wheezing (call or see doctor).
  - An unexplained rash
  - Vomiting (more than one time in last 24 hours)
  - Diarrhea (more than two times in the past 24 hours)
  - Complaints of a stiff neck and headache with one or more of the above symptoms (call or see your doctor)
  - Thick green drainage from the nose
  - Yellow discharge from the eyes, swelling
  - An unusual yellow coloring of the skin or eyes (call or see your doctor)
  - Cuts or openings on the skin that are pus-filled or oozing (bring a note from doctor and keep sores covered)
  - Lice. Family Advocate/Health Manager will provide assistance with this issue. (See [Head Lice Procedure](#))
  - A contagious disease. If a parent knows or suspects a child has a contagious disease, advise them to call their child's teacher or the Family Advocate (see your doctor to confirm the disease and receive medication/s if needed)
- Fresh air and exercise significantly enhance the health and growth of a child. Parents who feel their child is too ill to participate in outdoor activities should be advised by the staff to keep her/him home an extra day to insure a complete recovery.
- If staff is unsure about a child's condition or a child is brought in to the classroom that they suspect is ill, they will contact the Site Manager, or Lead Teacher (if no site manager) will contact the parent if available or another person listed on the emergency

contact form. In cases where parent and staff are in conflict about a child's condition, staff will call the Health Manager for further advisement.

*Referenced Procedures*

*Head Lice Procedures*