



Dear Health Care Provider:

Our Early Head Start and Head Start programs require use and completion of the *Commonwealth of Virginia School Entrance Health Form* to ensure that children receive a **complete physical**. The exam form is attached to this letter. Thank you for your assistance in assuring that all exam items are completed, particularly the items listed below that are required by Federal Regulations for our programs.

Required:

- **Anemia screening (Hematocrit/Hemoglobin) *annually**
- Blood Pressure-annually
- Vision Screening-annually
- Hearing Screening-annually
- General Assessment and Height/Weight-annually
- **Lead Screening-once after age two**
- **Asthma care plan if needed**
- **Diabetes care plan if needed**
- **Allergy forms (provided by Head Start) if needed**

When Indicated:

- TB Test date/results (when requested)
- Urinalysis (when indicated)
- Immunization Updates

Thank you for assisting us in better serving the children and families in the community. If you have any questions or concerns, please call us at (804) 843-2289.

Sincerely,

Gay Brooks, RN, Health & Safety Coordinator, PCDC