

Conscious Discipline Procedure

Policy: In order to offer students an emotionally safe learning environment, the agency utilizes Conscious Discipline®. This program links brain and social emotional development allowing teachers to utilize every day conflicts as opportunities to teach lacking social and emotional skills. Conscious Discipline empowers adults to consciously respond to conflict and empowers children to develop self regulation skills.

Performance Standard 1302.45 Child Mental Health and Social and Emotional Well-Being, 1302.31 Teaching and the Learning Environment, 1302.32 Curricula

Procedure:

- All staff will attend the monthly Conscious Discipline training series for at least two annually training cycles. The majority of sessions must be attended to receive credit.
- Classrooms will contain an equal balance of structure and nurture.
- Classrooms will operate on the Conscious Discipline School Family™ model.
- Teachers and Family Advocates will utilize a “conscious” approach when dealing with children’s, parents, and coworkers. This includes internalizing and implementing the powers, skills, and language of Conscious Discipline
- Teachers will incorporate the use of Conscious Discipline structures in their classrooms including Safe Place™, Wish Well Area, Celebration Area, Time Machine, Kindness Area, Friends and Family Area, Ways to be Helpful Area, and meaningful jobs for all students.
- Conscious Discipline tools such as picture rule cards, visual schedules, brain smart start, visual routines, daily rituals, and I love you rituals will be implemented on a daily basis.
- Use of Conscious Discipline powers, skills, and structures will be observable in daily interactions between teachers and children, between children, and evident in daily plans
- The Education Manager and Teacher Mentor will use the Conscious Discipline School Family and Skills rubrics to assess implementation with fidelity.