

BETTER • KID • CARE



PennState Extension

Required Health & Safety Courses

	FEE	STATUS
<p><u>Virginia Health and Safety Update Training for Child Care Staff (2021) (C2) (CDA1) 3hr</u></p> <p>This course provides health and safety information for early care and education professionals in Virginia on select topics: Healthy eating and physical activity, immunization recommendations, cytomegalovirus, norovirus, pest management, trauma awareness, and opioid addiction and epidemic.</p>	\$0	MUST BE COMPLETED WITH IN FIRST 30 DAYS OF HIRE
<p><u>Virginia Preservice Training for Child Care Staff () (CDA1) 10hr</u></p>	\$0	MUST BE COMPLETED WITH IN FIRST 30 DAYS OF HIRE

All child care professionals are responsible to keep the children in their care healthy and safe. Individuals who care for and teach children need to know how to 1) create safe spaces, 2) use safe practices with children, 3) develop and implement daily illness prevention and management strategies, and 4) plan to keep children safe if an emergency occurs. This ten-hour course provides an overview of health and safety topics and additional required learning for Virginia child care professionals only.